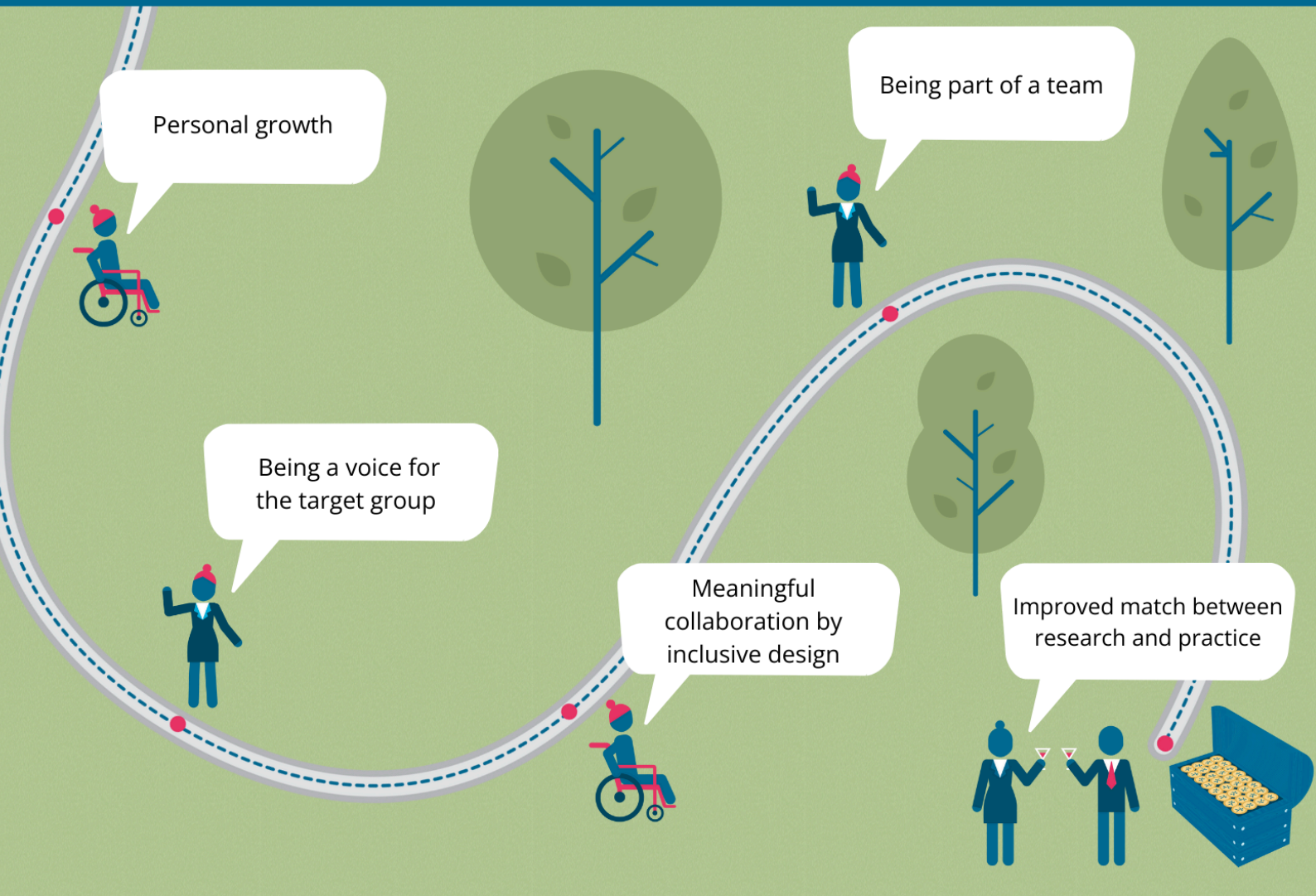




The value of inclusive research experienced by co-researchers

Co-researchers Anneke van der Crujisen, Jane van Geenen, Judith Thoonen, Ani Baykal, Simone Krijgsman
Inclusive researchers M. Theunissen, J.F.E. van Calis, M.C.J. Koks-Leensen, J. Naaldenberg, P.I.E. Kuijpers, & K.E. Bevelander

For over 10 years, our research team collaborates with co-researchers with mild intellectual disability in a meaningful way. The co-researchers provide valuable input and new insights, relating to their own lived experiences, challenges and needs.



Inclusive research leads to more relevant and meaningful research outcomes as well as personal growth. It brings together a variety of perspectives, enriching the quality and depth of research. Our experiences can inspire other researchers to work inclusively and empower people with a mild intellectual disability in their research projects. It remains important to continue this work.

Join the keynote by
dr. ir. Jenneken Naaldenberg
on Wednesday, August 7th

Radboud university medical center, Department of Primary and Community Care, Nijmegen, The Netherlands
Academic collaborative Intellectual disability and Health - Sterker op Eigen Benen (SOEB), Nijmegen, The Netherlands



Personal Growth

Working together in inclusive research helps people learn from each other. Learning also happens by joining focus groups and education.



Being a voice of the target group

As a co-researcher, you speak for others. You represent people with mild intellectual disabilities.

Meaningful collaboration by inclusive design

Understanding research is made easier with pictures and simple language. Examples of visual aids in research include the research clock and the poster.

The research clock shows the research cycle and was designed by the co-researchers.

It represents eight steps in the research process and guides researchers step by step. In each phase, tools like posters help people understand and stay informed about the project.

Being part of a team

As a co-researcher, you are part of a team. You work together and join in team outings.